

Hunston Canoe Club Risk Assessment.

Activity:- Sheltered Water Canoe/Kayaking Training Sessions.		CHICHESTER CANAL	
Hazard	Who Might Be Harmed	How is the Risk Controlled	What further action is necessary to control the Risk?
Drowning	Club members	<p>Buoyancy aids to be worn by all members.</p> <p>Kayaks to have sufficient buoyancy to stay afloat when filled with water</p> <p>BA's to be comply with current CEA standards.</p> <p>Session supervised by qualified instructor</p> <p>All members intending to go on the water should be able to swim 50 meters in canoeing clothing.</p>	<p>BA's sized and fitted.</p> <p>W.S.C.C. and BCU coach/student ratios adhered to.</p> <p>Session leaders to assess conditions and ability of members when organizing and setting sessions.</p> <p>Level 3 coach to use his/her discretion to let non swimmers participate when a 100N life jacket is worn</p>
Hypothermia	Club members	<p>Wear warm clothing appropriate to the conditions.</p>	<p>Session leaders to use good judgment in setting sessions appropriate to conditions and ability of paddlers.</p>
Collision	Club members, Other water users and tow path users	<p>Recognise the rights and needs of other water users.</p> <p>Understand and follow the navigation rules of the river.</p> <p>Be aware of other craft coming from all directions, be prepared to give way.</p> <p>Watch out for unexpected floating or partly submerged objects.</p> <p>Be aware of other towpath users</p>	<p>Session leaders to set sessions away from other river users as far a reasonable practicable.</p> <p>Ensure canoes and equipment don't block towpath</p>

<p>Water borne illness. – weill's disease / leptospirosis.</p> <p>Gastro-intestinal illness.</p>	<p>Club members – all people in contact with the river bank and water.</p>	<p>Cuts and abrasions to be covered with a waterproof dressing.</p> <p>Look out for foul and dog mess.</p> <p>Shower after contact with water.</p> <p>Wash hands before eating or drinking.</p>	<p>If flu like symptoms develop after water activities then your doctor should be contacted and advised that you have been canoeing.</p>
<p>Injury carrying and launching boats. – manual handling, slips and trips.</p>	<p>Club members</p> <p>Tow path users</p>	<p>Ensure suitable foot ware is worn.</p> <p>Ensure appropriate numbers of children carrying each boat. Follow BCU guidelines 'Injury Prevention in Paddlesport' CE/008/00/1</p> <p>New members to be instructed by session leaders on the best way to lift and carry boats.</p> <p>Members instructed on how to empty the boats and rescue them safely</p>	<p>Supervise carrying of boats from trailer to water.</p> <p>Brief members– no rushing/running</p> <p>Instructor to highlight slippery/uneven slipways or pontoons.</p> <p>Ensure equipment doesn't obstruct the towpath and the launching place.</p>
<p>Collision with cars in carpark</p>	<p>Club members</p> <p>Tow path users</p>	<p>Supervise unloading and carrying of boats from trailer to water.</p>	<p>Parents/guardians responsible for their children until session starts</p>
<p>Hit By Paddle</p>	<p>Club Members</p> <p>Tow path users</p>	<p>Members briefed and session supervised by instructor</p>	<p>Helmets worn during capsize drill or at coaches discretion</p>

Entanglement/ entrapment and cuts	Club Members	<p>Watch out for fallen trees, lilies, reeds, fishing tackle and general debris.</p> <p>Cover cuts</p> <p>Instructor to carry safety knife(serrated blunt end type) to cut debris free from paddler or boat.</p>	<p>Session leaders to set sessions away from fallen trees, lilies and reeds reasonable practicable.</p> <p>First aid kit with instructor and with helper.</p>
Getting out of the water at the canal basin wall/bank	Club Members	<p>Brief members on rescue procedure in basin:- deep water rescue or tow swimmer to pontoon or slipway.</p>	<p>Buoyancy aids and appropriate clothing worn.</p> <p>Boats fitted with adequate buoyancy</p>
Strong gusts of wind	Club Members	<p>Brief members on capsize and rescue procedures</p> <p>Ensure group remains within boundaries set by coach</p>	<p>Session leaders to assess conditions and ability of members when organizing and setting sessions.</p>
Aggression from fishermen	Club Members	<p>Keep a good lookout for Angler's lines.</p> <p>Pass on opposite side of canal with as little disturbance as possible.</p>	<p>Avoid angling matches.</p> <p>Keep smiling!!!!</p>
Child Protection when using public toilets	Club Members	<p>Chaperoned by helper if necessary.</p>	<p>All participants on 1 hour training session advised to go before canoeing session</p>
Management of canoeing activities of less competent swimmers	Club Members	<p>Level 3 coach to use their discretion to allow less competent swimmers or non-swimmers to take part.</p> <p>Use more stable craft to build confidence up</p> <p>Increase ratio with assistance on the water</p>	<p>Session leaders to use good judgment in setting sessions appropriate to conditions and ability of paddlers</p>